International Institute of Yoga Therapy  
 ***FREE YOGA THERAPY WITH AN IIYT CLINICAL EXTERN- SIGN UP***

IIYT is among the first accredited yoga therapy program in Michigan and the first yoga therapy certification program in the United States to be held under the auspices of a hospital.   
The benefit of seeing a trained yoga therapist, who is cognizant of the scope of practice and boundaries, is central to maintaining safe, responsible and effective, whole person healing environments specifically dedicated to the applications of yoga therapy. All aspects of yoga therapy are to be fully and transparently discussed, disclosed, approved through empirical evidence.  
  
 **Everyone can receive up to FOUR FREE one-hour One-On-One Yoga Therapy sessions on ZOOM.**IIYT FREE yoga therapy one-on-one sessions fill up very quickly! To save your spot, please make sure you confirm your ZOOM invitation. For more information, please visit our website: iiyogatherapy.com All session times are Eastern Standard Time. First and Last Name (please print clearly): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***I AM INTERESTED IN SIGNING UP FOR MY FOUR FREE ONE-ON-ONE YOGA THERAPY SESSIONS***

Phone number: (\_\_\_\_\_\_\_\_\_)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please tell us why you are interested in yoga therapy? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
 **Please indicate ALL your best dates and times.** **Please email this completed form to:** [**info1@iiyogatherapy.com**](mailto:info1@iiyogatherapy.com)

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| **Sun., Feb. 28, 2021** \_\_ 1:30 PM ET \_\_ 2:45 PM ET \_\_ 4:00 PM ET | **Sun., Mar. 14, 2021** \_\_ 1:30 PM ET \_\_ 2:45 PM ET \_\_ 4:00 PM ET | **Sun., April 18, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., April 25, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., May 2, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET |
| **Sun., May 23, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., June 13, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., June 27, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., July 18, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Aug. 1, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET |
| **Sun., Sept.5, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Sept. 19, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Oct. 3, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Oct. 24, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Nov. 7, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET |
| **Sun., Nov. 21, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Dec. 5, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Dec 19, 2021** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **Sun., Jan. 16, 2022** \_\_ 1:30 PM ET  \_\_ 2:45 PM ET  \_\_ 4:00 PM ET | **For more information, please contact us** [info1@iiyogatherapy.com](mailto:info1@iiyogatherapy.com) or visit www.iiyogatherapy.com |